



Sample Client Dashboard - Energy Healing Program

Welcome to Your 6-Week Energy Healing Journey

Program Overview

Welcome to your personalized 6-week energy healing program. This dashboard will serve as your central hub for tracking progress, accessing resources, and staying connected throughout your healing journey.

Your Action Items

- ☐ Complete the initial assessment form by Friday
- ☐ Schedule your welcome call with your energy healer
- ☐ Set up your meditation link on Zoom
- ☐ Review program materials before the first session

Weekly Schedule

▼ Week 1: Foundation Building

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- [REDACTED]
- [REDACTED]
- [REDACTED]

▼ Week 2: Energy Clearing

- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]

▼ Week 3: Chakra Alignment

- 1-hour individual healing session
- Daily 20-minute chakra meditation
- [REDACTED]
- [REDACTED]

▼ Week 4: Integration

- 1-hour individual healing session
- [REDACTED]
- [REDACTED]
- [REDACTED]

▼ Week 5: Manifestation

- 1-hour individual healing session
- [REDACTED]
- [REDACTED]
- [REDACTED]

▼ Week 6: Empowerment

- 1-hour individual healing session
- [REDACTED]
- [REDACTED]

- Final assessment and future planning

Resources

- Guided meditation recordings
- Recommended reading materials
- Journaling prompts
- Community forum access

Support

Your dedicated energy healer: [REDACTED]

Email: s [REDACTED]

Emergency contact [REDACTED]

Office hours: Monday-Friday, 9am-5pm